

**County of Tioga
EXECUTIVE PROCLAMATION**

WHEREAS: Flu is a contagious viral respiratory infection of the nose, throat, and lungs that can infect people of all ages and health statuses; and

WHEREAS: Annually, 9 to 45 million US citizens become ill with the flu, and 12 to 61 thousand die from it; and

WHEREAS: During the 2018-2019 flu season over 490 Tioga County residents were infected with the flu, and this year there are confirmed cases; and

WHEREAS: It is crucial that people with weakened immune systems or an inability to get the flu vaccine avoid getting the flu; and

WHEREAS: The most effective way to prevent flu illness is to get the flu vaccine; and

WHEREAS: Flu vaccines are tested, proven safe, and are recommended for people over 6 months old, including pregnant women; and


WHEREAS: Tioga County Public Health reminds the community that receiving the flu vaccine now is still beneficial as flu season continues for up to 5 more months; therefore

The TIOGA COUNTY LEGISLATURE, County of Tioga, does hereby proclaim the week of December 1 - December 7, 2019 as:

NATIONAL INFLUENZA VACCINATION WEEK

and encourages everyone to receive the flu vaccine, recommend the vaccine to their friends and family, and to be knowledgeable regarding the flu and immunizations to aid in dispelling myths and providing correct education.

Dated: December 10, 2019


MARTHA SAUERBREY, CHAIR
TIOGA COUNTY LEGISLATURE

