



# Tioga County Public Health Department

Lisa C. McCafferty, R.S., MPH; Public Health Director



**Public Health**  
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**Tioga County**

## HEALTH & HUMAN SERVICES COMMITTEE – PUBLIC HEALTH

TUESDAY, JUNE 7, 2022

8:30 A.M.

### FINANCIAL:

- Agency Financials May 2022

### OLD BUSINESS:

- None

### NEW BUSINESS:

- Agency Report May 2022

### PERSONNEL:

- None

### RESOLUTIONS:

- Award Bid for Transportation Services to Early Intervention and Preschool Special Education Children's Program
- Amend Budget & Appropriate Funds (Performance Incentive Award)
- Amend Budget & Appropriate Funds (Delta Dental)

### PROCLAMATIONS:

- Skin Cancer Awareness Month (Repeat)

### ADJOURNMENT:



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## INTERNAL MEMO

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TO: **William H. Standinger, III; Chair, HHS Committee**  
FROM: Lisa C. McCafferty, R.S., MPH; Public Health Director  
CC: Marte Sauerbrey; Chair, Tioga County Legislature  
DATE: June 7, 2022  
RE: **Health & Human Services Meeting June 7, 2022**

Attached are Tioga Public Health's materials for the Health & Human Services Committee meeting.

- Financials (pg. 1)
- Agency Report May 2022 (pgs. 2-22)
- Resolutions:
  - Award Bid for Transportation Services to Early Intervention and Preschool Special Education Children's Program (pg. 23)
  - Amend Budget & Appropriate Funds- Performance Incentive (pg. 24)
  - Amend Budget & Appropriate Funds-Delta Dental (pg. 25)
- Proclamations:
  - Skin Cancer Awareness Month (pg. 26)

SUMMARY SHEET OF MUNIS REPORT  
PUBLIC HEALTH DEPARTMENT  
YTD 2022 THRU MAY  
Report Run date: 6.2.2022

FUND	ACCOUNT DESCRIPTION	ORIGINAL APPROP	TRANSFRS/ADJSMTS	REVISED BUDGET	YTD ACTUAL	ENCUMBRANCE/REQ	AVAILABLE BUDGET	% USED
A	Total A2960 Handicapped Education	1,111,625	0	1,111,625	-56,336.37	234,553.19	933,408	16.00
A	Total A4011 Public Health Administr	2,114,136	1,246	2,115,382	1,133,130.53	133,850.24	848,401	59.90
A	Total A4044 Early Intervention	34,543	0	34,543	64,104.90	1,125.00	-30,687	188.80
A	Total A4053 Preventive And Primary	-150,000	0	-150,000	51,399.60	9,936.88	-211,336	-40.90
A	Total A4064 Managed Care - Dental S	-99,196	0	-99,196	-33,262.57	192.00	-66,125	33.30
A	Total A4090 Environmental Health	-220,030	0	-220,030	9,771.66	15,171.05	-244,973	-11.30
A	Total A6610 Sealer Of Weights And M	8,403	0	8,403	6,735.00	0.00	1,668	80.10
A	Total A General Fund	2,799,481	1,246	2,800,727	1,175,542.75	394,828.36	1,230,356	56.10
H	Total H Capital Fund	30,080	17,712	47,792	0.00	64,711.90	-16,920	135.40
Revenue Total		-3,789,223	-2,440,684	-6,229,907	-922,211.87	0.00	-5,307,695	14.80
Expense Total		6,618,784	2,459,642	9,078,426	2,097,754.62	459,540.26	6,521,131	28.20
<b>Grand Total</b>		<b>2,829,561</b>	<b>18,958</b>	<b>2,848,519</b>	<b>1,175,542.75</b>	<b>459,540.26</b>	<b>1,213,436</b>	<b>57.40</b>

**Comments:**

- This report does NOT represent the final figures for YTD through May 2022. It represents what was in MUNIS at the time of this report (6.2.2022)
- Most Revenues received in Jan-Feb are for services/expenses from prior year, & are moved back (to 2021). Thus, current year revenues are delayed.



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## NOTEWORTHY ITEMS, UPDATES AND ACCOMPLISHMENTS

- Year 1 of the Creating Healthy Schools and Communities Grant has ended. The Village of Waverly and Town of Richford were able to purchase items to improve the walkability of their municipalities, while Waverly School District was also able to purchase items to improve and expand physical activity options for their Physical Education classes.
- Tioga County ranked 24<sup>th</sup> for health outcomes in this year's New York State County Health Ranking Report which is a slight drop from last year. Laura Bennet gave an informative presentation on the topic to the Tioga County Board of Health.
- We sent a blast fax to Tioga County Primary Care Providers to notify of a report sent from CDC on children being diagnosed with Hepatitis and Adenovirus.
- We said goodbye to Samantha Black, our intern from Binghamton University.
- Katie Wait and Angel Conklin participated in the Child & Youth Resource Event at Hickories Park.
- Katie Wait presented on Tioga County Public Health programs and services to the Apalachin Lion's Club.
- Katie Wait, Laura Bennett, and Angel Conklin assisted Broome County Traffic Safety with a CarFit event.
- All Health Educators hosted and participated a car seat event at Visions FCU in Apalachin.
- Laura Bennett worked with Town of Richford to develop and implement a sun safety policy, part of the Cancer in Action Prevention Grant.
- Katie Wait provided New York State Department of Health an updated list of Tioga County Cooling Centers and Pools to be included in the New York State list for Summer 2022.
- Early Intervention Coordinators are looking for creative ways to address the provider capacity issue. They have turned one of the clinic rooms into a space where providers could see children; making it more suitable for a therapy session.
- Referrals continue to come in and not only has it been an issue trying to find providers for both EI and Preschool age children; but evaluators are also backed up, often for months at a time.
- The dental van is moving to its 12th and last school site for the 2021/2022 school year. We have visited all 6 school districts and have seen children from all 20 public schools in Tioga County, including West Learning Center in Apalachin. We look forward to continuing to serve our community's dental needs at the Health and Human Services Building site for the upcoming summer months.
- Todd Kopalek attended the Public Health Partnership Conference in Niagara Falls.

- Adam Ace completed the New York State Certification in Septic Treatment with Minimal Maintenance Using Combined Treatment and Dispersal (CTD), for treatment and dispersal without a mechanical system.
- All Environmental Health staff attended a virtual webinar on ATUPA (Adolescent Tobacco Use Prevention Act) Program responsibilities.
- Held our rabies clinic at Hickories Park at the end of April, and despite the cold, still vaccinated almost 200 animals. Also partnered with Stray Haven in another rabies clinic in May where they vaccinated over 100 cats and dogs, and 1 ferret.
- Dan Scherrer hosted an American Water Works Class on basic laboratory skills for area water operators and waste water operators to be able to earn state required continuing education credits.
- Transportation Services contract/RFP for Early Intervention and Preschool programs is due for renewal for another 3-year term. We held the Transportation Bidder's Conference and Bidder's Open this month.
- 3-5 Preschool Services Contract for providers has been updated and is being prepared to be sent out to Provider's for another 3-year term.
- Ongoing support/partnership in: Team Tioga, Safe Harbor Committee, Allies in Substance Abuse Prevention (ASAP), Tioga County Immunization Coalition, Anti-Hunger Task Force, Tioga County Local Emergency Planning Committee (LEPC), Child Fatality Review Team, Care Compass Network PAC Executive Council, Tioga County Council of Governments, Board of Health, Rural Economic Partnership (REAP), and External Community Advisory Board MPH Program at Binghamton University, Immunization Action Plan Coalition, and Lead Poisoning Prevention Program (LPPP) Coalition.

### Continuing with COVID-19

- We continue to message in-line with the CDC and NYSDOH. COVID-19 information was distributed at the Child and Youth Resource Fair and at the Car Seat Event.
- [Workbook:NYS-COVID-Tracker](#) and/or [Coronavirus COVID-19\(2019-nCoV\\_\(arcgis.com\)\)](#) to see updated data points (national and state) about Covid cases, comorbidities, demographics.
- As of May 26, 2022; since March 14, 2020 onset:

**New York State**

Total Known Cases: 5,559,628  
 Total Known Deaths: 69,395  
 Total Known Recoveries: 5,390,788

**National**

Total Known Cases: 85,440,340  
 Total Known Deaths: 1,030,415  
 Total Known Recoveries: 81,851,405

- Current Numbers To Date; since March 14, 2020 onset:
  - **803** Days Since Public Health EOC activated (3/14/2020)
  - **12,196** Confirmed Cases (Data from NYS CommCare system)
  - **20,869** Quarantine/ Isolation Orders Issued (Data from NYS CommCare system)
  - **4,323** Household Trips/Deliveries
  - **186** Complaints
  - **4,018** Facebook Likes
  - **1,043** Facebook Posts
  - **51** Media Interviews
  - **125** Press Releases

**\*Go to New York State Dashboard for current COVID-19 data at:**  
<https://coronavirus.health.ny.gov/covid-19-data-new-york>

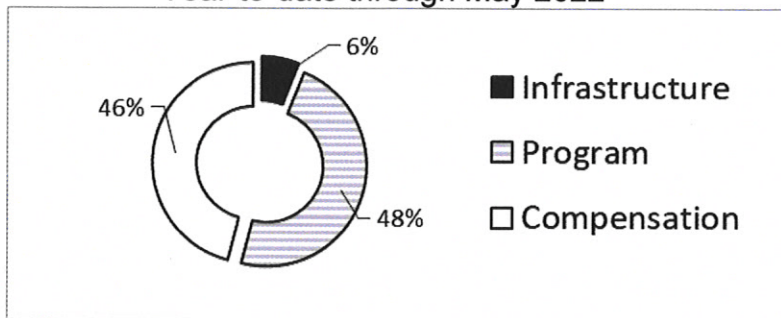
#### Attachments:

1. Financial Snapshot May 2022.
2. Data Report May 2022.
3. Article: "Tioga County ranks 24<sup>th</sup> in health ranking report," Morning Times, April 30, 2022.
4. Handout: Tioga County Health Outcomes & Health Factors 2018-2022, April 22, 2022.
5. Article: "May is Mental Health Awareness Month," Owego Pennysaver, May 22, 2022.
6. Article: "Agencies come together for 'Child and Youth Resource Safety Event'," Owego Pennysaver, May 3, 2022
7. Flyer: "Child & Youth Resource Event!," Tioga County Suicide Prevention Coalition and a New Hope Center, May 4, 2022.
8. Article: "COVID-19 Cases on the Rise in Tioga County," Candor Chronicle, May 4, 2022.
9. Article: "Tioga County Health updates guidance for positive COVID cases," Morning Times, April 29, 2022.
10. Article: "Tioga County COVID update for May 11, 2022," Owego Pennysaver, May 15, 2022.
11. Advertisement: "Tioga County Rabies Vaccination Clinic," Morning Times, April 23, 2022.
12. Flyer: "Tioga County Child Safety Seat Check Event," May 2022.
13. Flyer: "COVID-19 Cases are on the Rise in Tioga County," May 2022.
14. Flyer: "Stay Active While You Work a Desk Job," May 2022.
15. Flyer: "National Asparagus Month," May 2022
16. Flyer: "What the Health!?", May 2022.
17. Bulletin Board: "Food Safety/End Food Waste," HHS Building, May 2022.
18. Bulletin Board: "End Food Waste!," 56 Main St., Owego, May 2022.
19. Billboard: Cannabis Candy-Children Safety, May 2022.

Financial Snapshot  
Year-to-date through May 2022

	2018 Actual	2019 Actual	2020 Actual* <sup>2</sup>	2021 Actual	2022 Budget	Actual* <sup>1,3</sup> YTD 2022	Percentage of 2022 Budget
<b>Revenues</b>							
Fees	1,100,359	1,112,262	739,661	625,355	905,235	298,969	33 %
State/Federal	2,680,110	2,704,275	2,047,032	2,315,802	3,018,651	513,582	17 %
Local	2,147,623	2,103,208	1,924,103	1,906,875	2,848,519	954,207	33 %
<b>TOTAL</b>	<b>5,928,092</b>	<b>5,919,745</b>	<b>4,710,796</b>	<b>4,848,032</b>	<b>6,772,405</b>	<b>1,766,758</b>	<b>26 %</b>
<b>Expenses</b>							
Compensation	1,734,508	1,728,302	1,889,627	2,136,196	2,541,397	822,559	32 %
Program Expense	3,671,760	3,661,604	2,518,252	3,928,472	3,859,378	843,672	22 %
Core Infrastructure	521,824	529,838	302,917	347,691	371,630	100,527	27 %
<b>TOTAL</b>	<b>5,928,092</b>	<b>5,919,745</b>	<b>4,710,796</b>	<b>6,412,359</b>	<b>6,772,405</b>	<b>1,766,758</b>	<b>26 %</b>
<b>FTE:</b> 2022 Approved Headcount of 37 FTE: 31 FT & 6 PT Plus 3 Temps	23.8	26.3	23.7	29.2	30.8	-----	-----

Allocation of Expenses  
Year-to-date through May 2022\*<sup>1,3</sup>



- \*Notes:
1. The "Financial Snapshot" & "Allocation of Expenses" represent figures as of this report date (5/31/2022), and are not the FINAL May 2022 figures.
  2. During 2020, the Legislature required a 10% cut in expenses from all County departments. This was removed from the Expense side of the ledger, but not the offsetting revenue portion, thus inflating the reported "Local Share" of Public Health by nearly \$375K.
  3. COVID Specific funds have been removed from these tables, as they skew the numbers due to their large amounts. Currently over \$2.4 million has been appropriated of Covid funding within Public Health.

2022 Data Report

<b>PUBLIC HEALTH ACTIVITIES</b>	<b>Y-E 2020</b>	<b>Y-E 2021</b>	<b>May-22</b>	<b>Y-T-D</b>
<b>Community Health</b>				
Healthy Neighborhoods Program Visits	94	112	14	118
- HNP revisits	40	14	0	7
Communicable Disease	618	0	0	0
- Respiratory (Legionellosis, Strep)	143	4	1	4
- Influenza	571	49	0	203
- Tick caused	19	105	27	55
- Hepatitis	20	53	3	53
- Gastrointestinal Disease	16	40	2	11
- PPD Test Administered	5	0	0	0
Child Passenger Safety Seats Inspected	6	20	6	14
- Child Seats FAILED Inspection	5	10	5	11
PH Interns	1	2	0	0
Immunizations total child and adult	35	0	0	0
People Trained w/ Narcan	9	2	0	1
Narcan Distributed (added 8/18)	41	160	19	44
<b>Dental</b>				
New Clients	124	154	35	123
Dental Screenings	631	782	128	444
- Clients with no tooth decay	237	328	22	126
- Clients WITH tooth decay	116	310	75	210
- Clients with EXTENSIVE tooth decay	251	128	30	107
Extractions	91	179	4	41
<b>Children Services</b>				
Children w/ Special Health Care Needs NEW Referrals	11	7	1	2
- Current Children being served	104	92	0	19
<b>Environmental Health</b>				
Animal bite investigations	119	150	20	71
Rabies Clinics	2	6	2	4
- Number of Animals	391	1098	300	685
Food Establishment Inspections	81	182	16	64
- Establishments with Violation	10	26	3	8
Temporary Food Inspections	2	8	0	0
- Clean Indoor Air Act Violations (Smoking)	0	0	0	0
Mobile Home Park Inspections	3	37	2	4
Swimming Pool Inspections	9	14	0	1
Children's Camps	5	4	0	0
Agriculture Fairgrounds	0	2	0	0
Nuisance Complaints	58	17	2	8
Enforcement Actions	11	31	4	13
<b>Weights &amp; Measures</b>				
Inspection Sites	69	129	9	29
- Devices Inspected	277	499	33	52
Petroleum Quality Samples Taken	0	0	0	0
<b>COVID-19</b>				
* Days Public Health EOC activated from year start	285	364	N/A	154
Total COVID Cases for period	<del>5849</del>	5628	961	5034
Individuals Tracked	5849	13224	961	5321
Calls Taken	15257	7824	40	431
Quarantine/Isolation Orders Issued	4323	13586	161	2886
Household Trips/deliveries	2518	1772	0	33
COVID-19 Related Complaints	144	41	0	1
Vaccination Clinics	<del>36</del>	36	0	2

\* EOC originally activated starting 3/14/20



# Tioga County ranks 24th in health ranking report

OWEGO — Tioga County Public Health recently announced that Tioga County has ranked 24th out of 62 counties in New York State for Health Outcomes.

This is a slight drop from the 2021 ranking of 20th, but Tioga County

still remains in the higher middle range of counties in New York. The County Health Rankings reinforce the fact that health is more than what happens at the doctor's office. There are a multitude of factors that influence quality and length of life. The County

Health Rankings provide counties across the country an opportunity to see how well they are performing in terms of health outcomes and factors, so they can celebrate successes and identify areas for improvement.

The 2022 County Health Rankings have begun to reveal the impact the COVID-19 pandemic has had on our community's health.

- The county saw a notable increase in years of potential life lost before age 75, per 100,000 (6,500) compared to rates from the 2021 County Health Rankings (5,948).

- Unemployment rates increased from 4.10 percent reported in 2021 to 7.8 percent.

- Rates of sexually transmitted infections increased from 189.4 in the 2021 Rankings to 257.2 in the 2022 Rankings.

Despite the challenges the community has faced, there were several notable improvements.

- The percentage of adults with diabetes decreased from 12 percent in the 2021 County Health Rankings to 8 percent.

- Improvements in health factors related to substance abuse and risky behaviors included a decrease in Tioga County's teen birth rate (20 per 1,000 females 15-19), rate of driving deaths related to alcohol impairment (13 percent), and drug overdose mortality rate (15 per 1,000).

- Positive changes were also seen in factors related to education and children in poverty. The percentage of Tioga County residents with some college

education rose from a previously stagnant 61 percent to 63 percent. The number of children in poverty decreased to 12 percent, and percentage of children qualifying for free or reduced lunch dropped to 47 percent.

"As always, our primary focus is on prevention and the promotion of healthy lifestyle choices" says Lisa McCafferty, Tioga County Public Health Director, "Through education and outreach and ongoing work with our community partners, we will continue to take steps to improve the overall health of Tioga County."

"Our ongoing work with community partners includes Tioga Opportunities, Tioga County Adult Immunization Coalition, Tobacco Free Broome and Tioga, Tioga County Allies in Substance Abuse Prevention (ASAP), Team Tioga, Council of Governments, and the Family Enrichment Health Advisory Committee," county officials stated. "Through these partnerships we hope to continue educating and positively affecting the health of Tioga County."

For more information about the County Health Rankings and to compare Tioga County to other counties in New York State visit: <https://www.countyhealthrankings.org/>. Morning Times



**Tioga County Public Health Department**  
 1062 State Route 38, PO Box 120, Owego, NY 13827  
 607-687-8600



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Health Outcomes & Health Factors	2022	2021	2020	2019	2018
Health Outcomes Ranking	24/62	20/62	16/62	27/62	40/62
Health Factors Ranking	20/62	25/62	27/62	22/62	26/62
Tioga County Population	47,904	48,203	48,560	48,578	48,760
Median Income	\$62,400	\$60,699	\$60,300	\$57,200	\$55,600
Years of Potential Life Lost Before Age 75, per 100,000	6,500	5,948	5,800	6,400	6,632
% Fair to Poor Health **	17%	15%	14%	15%	15%
Average of Physically Unhealthy Days in Past 30 Days**	3.9	3.9	3.4	3.9	3.9
Average of Mentally Unhealthy Days in Past 30 Days **	4.8	4.5	4.1	3.8	3.8
% Frequently Mentally Distressed	15%	14%	12%	11%	11%
% Frequently Physically Distressed	12%	12%	10%	12%	12%
% Insufficient Sleep	40%	40%	36%	36%	36%
% Adult Smoking **	20%	21%	16%	17%	17%
% Adults Obese	31%	32%	35%	33%	30%
% Adults Diabetic	8%	12%	13%	12%	11%
Access to Exercise Opportunities	49%	65%	65%	65%	70%
% Physically Inactive	27%	25%	27%	26%	25%
% Driving Deaths Related to Alcohol Impairment	13%	17%	21%	21%	24%
% Excessive Drinking **	23%	21%	21%	19%	19%
Drug Overdose Mortality Rate	15	17	19	18	21
Motor Vehicle Crash Deaths	12	10	8	10	11
Injury Deaths	64	64	64	62	59
Mammography Screening	47%	48%	46%	47%	67%
Sexually Transmitted Infections	257.2	189.4	148.2	202.2	206.5
% Low Birth Weight	7%	7%	7%	7%	7%
Teen Birth Rate ( Per 1,000 Females 15-19)	20	21	23	24	26
PCP Ratio	3,210:1	3,237:1	3,470:1	3,050:1	3,297:1
Dentist Ratio	5,320:1	5,356:1	5,400:1	5,400:1	5,418:1
MHP Ratio	640:1	699:1	740:1	740:1	728:1
% Adults Uninsured	5%	5%	6%	6%	7%
% Children Uninsured	2%	2%	2%	2%	3%
High School Graduation Rate	89%	91%	87%	87%	83%
% With Some College Education	63%	61%	61%	61%	61%
% Unemployed	7.80%	4.10%	4.40%	5.20%	5.10%
% Children in Poverty	12%	14%	15%	16%	19%
% Food Insecure	11%	10%	10%	10%	10%
% Children on Free or Reduced Lunch	47%	49%	50%	51%	49%
% Single Parent Households	19%	18%	30%	31%	30%

Source: The County Health Rankings New York Data 2018-2022

Updated: 4/22/2022

\*\* Data should not be compared to previous years

# May is Mental Health Awareness Month

**CONTRIBUTED BY  
TIOGA COUNTY'S  
DEPARTMENT OF  
PUBLIC HEALTH**

Mental Health Awareness Month is observed each May to raise awareness, fight stigma, provide resources, educate the public, and advocate for policies that are supportive of mental health.

Mental health isn't just about mental health conditions. Our mental health is an important part of our overall health, and includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also determines how we handle stress, relate to others, and make healthy choices.

Regardless if you have been diagnosed with a



## Provided graphic.

mental health condition or not, there are ways that you can take care of your mental health. Eat healthy, well-balanced meals; be physically active by doing activities you enjoy that get you up and moving; get plenty of sleep; avoid alcohol, drugs, smoking and tobacco products (including e-cigarettes); make time to unwind and do activities you enjoy; connect with others, your community, and/or faith-based organizations; take breaks

from watching, reading, or listening to news stories, including social media. Part of taking care of you is recognizing when to seek help from a professional. Reaching out for help is not a weakness, but rather an act of self-compassion.

Tioga County Mental Hygiene offers a variety of services to meet your needs, and there is NO waiting list. Services are available to all ages and no one is refused services due

to inability to pay.

A member of the Mental Hygiene team will meet with you, listen to your needs, work with you to create goals for treatment, and set you up with the services that meet your needs. Services may include, but are not limited to, individual therapy, group therapy, family therapy, case management services, and medication.

Crisis services are available 24/7. You can call (607) 687-4000; after hours, weekends, and holidays call (607) 687-1010 and ask for the on-call social worker, or walk-in at the Owego Clinic between the hours of 9 a.m. and 6 p.m., Monday through Friday. Additional information and resources can be found at [cdc.gov/mentalhealth](http://cdc.gov/mentalhealth).

Owego penny sewer 5/23/2022

## Agencies come together for 'Child and Youth Resource Safety Event'

The Tioga County Suicide Prevention Coalition, A New Hope Center, and Tioga County Mental Hygiene are sponsoring a "Child and Youth Resource Safety Event" on Saturday, May 14, from 11 a.m. to 4 p.m. at the Hickory Parks #4 Pavilion (directly across from the playground).

Parents and children of all ages are invited to join them for an afternoon of fun activities and an opportunity to speak directly with child and youth serving representatives from over 12 agencies. They want to let the community know that you can find support and help here, and have a great time too.

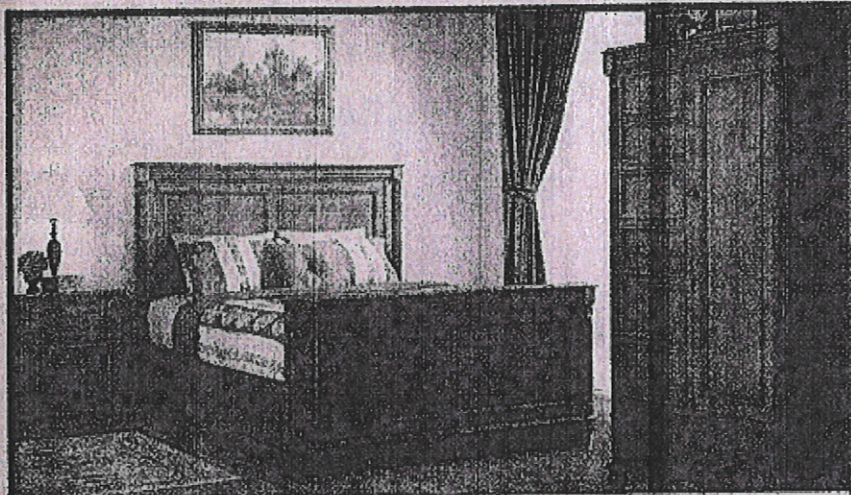
Registered agencies will be on site to discuss their free and voluntary support services including The Tioga County Suicide Prevention Coalition, Tioga County Mental Hygiene, A New Hope Center, NYS Office of People with Developmental Disabilities, Tioga County Probation, the Tioga County Boys and Girls Club, Tioga Catholic Charities, Health Home Care Management in home supports, the Tioga County Health

Department, the Chemung / Tioga Suicide Survivor Grief Group, the Tioga / Broome Mobile Integration Team, the American Foundation for Suicide Prevention, the Aspire Hope Par-

ent Support Group, and many more.

Activities for kids include a craft table, face painting, games, and many free giveaways. Bike helmets will be given to the

first 50 children that attend, and there will be a free bike drawing for one boy and one girl's bicycle at 2 p.m. (youth must be present for the helmet and bike drawing).



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**AUTO REPAIR.....**

Owego Pennsylvaner 5/3/22

# Child & Youth Resource Event!

**Saturday, May 14th at Hickory  
Park Pavilion #4  
11:00–4:00pm**

Please join us for this spring resource event! Child and youth serving agencies will be on hand to discuss community support services.

- Drawing will be held for a FREE boys and girls bicycle (drawing at 2:00 PM, must be present)
- FREE bike helmets given to the first 50 children (Child must attend for helmet)
- FREE craft table, face painting, other activities!



**Sponsored By The Tioga County  
Suicide Prevention  
Coalition and A New Hope  
Center**

# COVID-19 Cases on the Rise in Tioga County

Public Health Dept. Gives  
Updated Guidance on Testing  
Positive

## STAFF REPORT

COVID-19 cases are once again on the rise in Tioga County, according to the Tioga County Public Health Department. Over the past two weeks, Tioga County has been averaging 24 new cases of COVID-19 each day, according to a press release issued by the health department April 26. As of April 26, Tioga County had 105 confirmed active cases of COVID-19.

These numbers do not include those who have tested positive with an at-home test, leaving us uncertain about how many active cases are truly circulating around our community. Although cases may seem high, of more importance, COVID-19 hospitalizations remain low during this time, as do the number of severe cases.

Tioga County Public Health continues to monitor hospitalizations and severe infections from COVID-19, which gives us a better indication of how COVID-19 is affecting the local community. According to the health department, making sure you and your family are up-to-date on the COVID-19 vaccination can help protect you against severe illness and hospitalization. Here are the current recommendations:

- COVID-19 Vaccine Primary Series: May be given to all individuals ages 5 and up.
- First Booster Shot: May be given to those 12 years and older who completed their COVID-19 vaccine primary series at least three months ago.

- Second booster shot is recommended for adults over the age of 50, people ages 12 years and older who are moderately or severely immunocompromised, and people who received two doses (one primary and one booster dose) of the Johnson & Johnson Janssen vaccine.

"Throughout the COVID-19 pandemic, we have learned ways to mitigate the spread of the virus and individuals are personally responsible for the actions they take to protect themselves against COVID-19," the press release states.

Those with underlying health conditions and those who are more vulnerable to severe illness should take extra precautions during this time like wearing a mask and avoiding crowded places where it is more difficult to socially distance from others. Additional prevention measures include washing your hands often, disinfecting frequently touched objects, and focusing on other important health factors like getting plenty of sleep, making healthy food choices, and staying physically active.

If you are not feeling well and are experiencing symptoms of COVID-19, the health department is asking that you get tested for COVID-19 through your primary care provider or use an at-home test kit. Contact your

primary care provider within the first few days of developing symptoms or testing positive for the virus to discuss whether treatment options are right for you.

## New Guidance on Testing Positive

Two days after announcing the rise in cases, the health department issued another press release stating that after April 28 anyone who tests positive for COVID-19 will no longer be receiving a phone call or text message from a case investigator. Instead, positive cases should follow New York State's current isolation and quarantine guidelines:

- Isolate at home for five days from your test date or from the day you develop symptoms, with Day Zero being the day of symptom onset or your test date. Wear a well-fitting mask when leaving your home during days six to 10.
- If symptoms are not improving after five days or if you are moderately to severely immunocompromised, please continue to isolate for an additional five days, or until symptoms improve.
- Notify those you were in close contact with during the 48 hours prior to testing positive or becoming symptomatic. Close contacts should monitor for symptoms and get tested if they become symptomatic.
- If you are concerned about your

symptoms, please contact your primary care provider to discuss treatment options that may be available to you.

Additional information on New York State's Isolation & Quarantine Guidelines may be found at [health.ny.gov/isolation-quarantine](https://health.ny.gov/isolation-quarantine).

If you test positive for COVID-19 and need documentation for your employer or school, an Affirmation of Isolation is now being used in place of an Isolation Order for anyone who tests positive, regardless if it is a PCR Test or an At-Home COVID-19 Test. This is a fillable form and can be downloaded at [tiogacounty.ny.gov/departments/public-health](https://tiogacounty.ny.gov/departments/public-health).

Staff at Tioga County Public Health will continue to monitor for new clusters forming in the community and for other concerning trends. We will still have members of our team to assist with answering questions and monitoring the current status of cases in Tioga County.

Please call the health department office at (607) 687-8600 (option one) to reach a member of the COVID-19 team. Additional COVID-19 information including Isolation & Quarantine Guidelines, COVID-19 At-Home Test Kit Pick-Up Locations, and more are available on the Tioga County Public Health website.

Candor Chronicle 5/4/22

# Tioga County Health updates guidance for positive COVID cases

For The Morning Times

OWEGO — After Thursday, April 28, anyone who tests positive for COVID-19 will no longer be receiving a phone call or text message from a case investigator, the Tioga County Health Department announced.

Instead, positive cases should follow New York State's current isolation and quarantine guidelines:

- Isolate at home for five days from your test date or from the day you develop symptoms, with day zero being the day of symptom onset or your test date. Wear a well-fitting mask when leaving your home during days six through 10.
- If symptoms are not improving after five days or if you are moderately to severely immunocompromised, please continue to isolate for an additional five days, or until symptoms improve.
- Notify those you were in close contact with during the 48 hours prior to testing

positive or becoming symptomatic. Close contacts should monitor for symptoms and get tested if they become symptomatic.

- If you are concerned about your symptoms, please contact your primary care provider to discuss treatment options that may be available to you.

Additional information on New York State's Isolation & Quarantine Guidelines may be found at <https://coronavirus.health.ny.gov/isolation-quarantine>.

If you test positive for COVID-19 and need documentation for your employer or school, an Affirmation of Isolation is now being used in place of an Isolation Order for anyone who tests positive, regardless if it is a PCR Test or an At-Home COVID-19 Test. This is a fillable form and can be downloaded on the Tioga County Health Department website at <https://tiogacountyny.gov/departments/public-health/>.

Staff at Tioga County Public Health will continue to monitor for new clusters forming in the community and for other concerning trends. We will still have members of our team to assist with answering questions and monitoring the

current status of cases in Tioga County. Please call our office at 607-687-8600 (option 1) to reach a member of our COVID-19 team. Additional COVID-19 information including Isolation & Quarantine Guidelines, COVID-19 At-Home Test Kit Pick-Up Locations, and more are available on the Tioga County Public Health website. *Morning Times 4/24/22*

## Tioga County COVID update for May 11, 2022

Tioga County Public Health continues to monitor the spread and severity of COVID-19 infections within the community. While many may be concerned over the media reports of COVID-19 infections continuing to rise, the health department wants to remind residents that the main focus should be on hospitalizations and deaths, as these numbers are a better indicator of the true impact that COVID-19 is having on the community. The widespread availability of vaccinations and treatment options has undoubtedly helped prevent severe cases of COVID-19 infections, according to the department.

Although there continues

to be a large focus on COVID-19, the health department encourages everyone to be mindful of the number of cases of the seasonal flu that are being seen this year. While it is not abnormal to see a flu season continue through the month of May, we are seeing higher than usual activity for this time of the year. Influenza cases typically peak during the months of January (89 confirmed cases) and February (18 confirmed cases); however, the flu cases did not peak until April this year, with 109 confirmed cases.

While COVID-19 cases may seem high, severe cases of COVID-19 and hospitalizations remain low during this time, the department

added, stating, "Our team will continue to monitor the situation with COVID-19 in our community. Everyone should be taking precautions to best protect themselves and their family to reduce the risk from COVID-19 and influenza."

Some recommendations are as follows.

Get vaccinated – it's not too late to get your annual flu shot or your COVID-19 vaccination; get your COVID-19 booster shot(s) once you are eligible.

Stay home if you are not feeling well, and contact your primary care provider if you have concerns over your symptoms.

Wash your hands and disinfect frequently touched

objects.

Consider wearing a mask while indoors or in areas where it is difficult to social distance from others.

Opt for outdoor gatherings.

Prioritize other health factors like eating nutritious foods, getting plenty of sleep, and staying physically active.

At this point in the pandemic, individuals should take the precautions that they feel are best for themselves and their families; however, the department continues to encourage individuals who are not feeling well to stay home. If you must leave your home, the


department noted, please respectfully wear a mask while around others to avoid spreading any illness.

Free at-home COVID-19 tests continue to be available across Tioga County. For a full listing of sites distributing test kits, visit <https://tiogacountyny.gov/departments/public-health/>. If you test positive for COVID-19, please follow New York State's Isolation Guidelines, and contact your primary care provider within the first few days of developing symptoms or testing positive for the virus to discuss whether treatment options are right for you.

To view updated data or COVID-19 from the New York State Department of Health on COVID-19 testing cases, variants, hospitalizations and fatalities, and vaccinations, Long Term Care Facilities and schools, visit <https://coronavirus.health.ny.gov/covid-19-data-new-york>. *Owego Pnyssawer*



# **TIOGA COUNTY RABIES VACCINATION CLINIC**



**APRIL 28, 2022**  
**5:30pm - 7:30pm**

**HICKORIES PARK**

**359 Hickories Park Rd, Owego, NY 13827**

**PRE-REGISTRATION  
IS REQUIRED!**

**\$10 Suggested Donation**

Dogs, cats, and ferrets are welcome. All animals must be at least 3 months old. Vaccination is no charge, donations are greatly appreciated. Dogs must be on a leash. If your dog is aggressive, please bring a muzzle. Cats and ferrets must be in a carrier. One per carrier, please. Bring proof of prior rabies shots, if available. No residency restrictions. If you have multiple animals, please bring a friend or a family member to help.



Scan the QR Code or  
visit our website  
[ph.tiogacountyny.gov](http://ph.tiogacountyny.gov)  
to register!

Morning Times 4/23/22







# TIOGA COUNTY CHILD SAFETY SEAT CHECK EVENT!

Thursday, May 19, 2022  
3:00pm - 6:00pm

Visions Federal Credit Union  
8836 State Route 434, Apalachin, NY 13732

Have your child's seat checked for  
correct installation and fit for your child by a CPS Technician.  
Replacement seats available for qualifying individuals!



**Public Health**  
Prevent. Promote. Protect.  
Tioga County

Questions? Please Call Kylie at 607-687-8612

Program funded by grants from  
The Community Foundation of South Central NY  
and Visions Federal Credit Union.

**VISIONS**  
FEDERAL CREDIT UNION

# COVID-19

## CASES ARE ON THE RISE IN TIOGA COUNTY

**PLEASE DO YOUR PART TO HELP  
PREVENT FURTHER SPREAD OF  
COVID-19 IN OUR COMMUNITY**

**THOSE WHO ARE MORE VULNERABLE  
TO SEVERE ILLNESS FROM COVID-19  
SHOULD TAKE EXTRA PRECAUTIONS  
DURING THIS TIME**

- **Stay up-to-date on your COVID-19 vaccination and get your second booster shot if you are eligible**
- **Wear a mask when in indoor public places**
- **Practice social distancing**
- **Wash your hands often**
- **If you are not feeling well, please stay home and take an at-home COVID-19 test**
- **If you test positive for COVID-19, isolate at home for a minimum of 5 days**
- **Contact your Health Care Provider shortly after testing positive to determine if further treatment is needed**



For more information on Isolation & Quarantine,  
Locations with At-Home COVID-19 Tests, and more,  
visit [ph.tiogacountyny.gov](http://ph.tiogacountyny.gov).



# Stay Active While You Work a Desk Job

Sit on an  
exercise  
ball

Walk  
during  
lunch

Take the  
stairs

Take  
time to  
stretch



# **NATIONAL ASPARAGUS MONTH**

## **BENEFITS OF ASPARAGUS**

- **Packed with vitamins A, C, E, K, and B6, as well as iron, copper, calcium, and protein.**
- **Low in calories and fat, and can help promote weight loss.**
- **Can help flush excess fluid and salt from your body.**
- **As a natural diuretic, asparagus helps flush excess liquid, combating belly bulge.**
- **Rich in folic acid, which is essential for women who are planning on getting pregnant, since it can help protect against neural tube defects.**



# WHAT THE HEALTH!?



## TIOGA COUNTY CHILD SAFETY SEAT CHECK EVENT!

Thursday, May 19, 2022  
3:00pm - 6:00pm

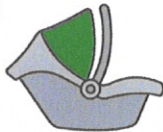
Visions Federal Credit Union  
8836 State Route 434, Apalachin, NY 13732

Have your child's seat checked for  
correct installation and fit for your child  
by a CPS Technician.

Replacement seats available for  
qualifying individuals!



**VISIONS**  
FEDERAL CREDIT UNION



**Plan** for the week ahead

**Buy** what you need



**Store** your food properly  
so it lasts longer

**Dates** should be noted so  
foods are used up before  
they expire



**Cook** only what you can eat

**Save** what you don't eat  
and heat it up for  
another meal

**Compost** or recycle unused  
or expired food



May 2022

F: Face drooping.  
S: Speech difficulty.  
A: Arm weakness.  
T: Time to call 9-1-1.

## SPOT A STROKE F . A . S . T .

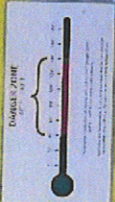
# FOOD SAFETY

Item	Min	Max
Beef	145°F	160°F
Pork	145°F	160°F
Chicken	165°F	175°F
Ground Meat	155°F	165°F
Seafood	145°F	155°F
Eggs	160°F	165°F
Leftovers	165°F	175°F

**FOODBORNE ILLNESS**  
 Symptoms include: Nausea, Vomiting, Diarrhea, Stomach Cramps, Fever, Headache, Muscle Aches, Stool with Blood or Pus, Dehydration, Fatigue, and Abdominal Pain.

**4 STEPS TO FOOD SAFETY**  
 FOR MAKE-AND-TAKE DEPARTMENTS

THE CDC ESTIMATES THAT EACH YEAR 48 MILLION PEOPLE GET SICK FROM A FOODBORNE ILLNESS, 12,000 ARE HOSPITALIZED, AND 3,000 DIE.



# End food waste

**OVER 40% OF FOOD IN THE UNITED STATES ENDS UP IN THE TRASH.**  
**BENEFITS OF PREVENTING FOOD WASTE**  
 SAVE MONEY BY BUYING ONLY WHAT YOU NEED  
 REDUCE YOUR ENVIRONMENTAL IMPACT  
 REDUCE GREENHOUSE GAS EMISSIONS

**5 STEPS TO END FOOD WASTE**  
 FOR MAKE-AND-TAKE  
 WWW.FOODSAFETYINSPECTORATE.US

**FOOD WASTE**  
 FROM YOUR BUSINESS OR HOME CAN BE RECYCLED OR COMPOSTED. CONTACT YOUR LOCAL WASTE MANAGEMENT AUTHORITY FOR MORE INFORMATION.  
 WWW.FOODSAFETYINSPECTORATE.US

**CLEAN**

**WASH YOUR HANDS AND SURFACES OFTEN**  
 WASH YOUR HANDS AND SURFACES OFTEN WITH SOAP AND WATER FOR 20 SECONDS TO PREVENT SPREAD OF BACTERIA.  
 WASH YOUR HANDS: BEFORE COOKING, AFTER TOUCHING RAW MEAT, AFTER USING THE BATHROOM, AFTER TOUCHING ANIMALS, AFTER TOUCHING MONEY, AFTER TOUCHING PUBLIC SURFACES, AFTER TOUCHING YOUR FACE, AFTER TOUCHING YOUR HAIR, AFTER TOUCHING YOUR PHONE, AFTER TOUCHING YOUR SHOES, AFTER TOUCHING YOUR PET, AFTER TOUCHING YOUR CAR, AFTER TOUCHING YOUR DOOR, AFTER TOUCHING YOUR ELEVATOR, AFTER TOUCHING YOUR STAIRS, AFTER TOUCHING YOUR ESCAPE ROUTE, AFTER TOUCHING YOUR EXIT, AFTER TOUCHING YOUR EXIT DOOR, AFTER TOUCHING YOUR EXIT SIGN, AFTER TOUCHING YOUR EXIT LIGHT, AFTER TOUCHING YOUR EXIT ALARM, AFTER TOUCHING YOUR EXIT BELL, AFTER TOUCHING YOUR EXIT WHISPER, AFTER TOUCHING YOUR EXIT Siren, AFTER TOUCHING YOUR EXIT Chime, AFTER TOUCHING YOUR EXIT Buzzer, AFTER TOUCHING YOUR EXIT Horn, AFTER TOUCHING YOUR EXIT Gong, AFTER TOUCHING YOUR EXIT Bell, AFTER TOUCHING YOUR EXIT Clapper, AFTER TOUCHING YOUR EXIT Rattle, AFTER TOUCHING YOUR EXIT Tink, AFTER TOUCHING YOUR EXIT Clack, AFTER TOUCHING YOUR EXIT Clunk, AFTER TOUCHING YOUR EXIT Thud, AFTER TOUCHING YOUR EXIT Bang, AFTER TOUCHING YOUR EXIT Boom, AFTER TOUCHING YOUR EXIT Bump, AFTER TOUCHING YOUR EXIT Bounce, AFTER TOUCHING YOUR EXIT Bump, AFTER TOUCHING YOUR EXIT Bounce, AFTER TOUCHING YOUR EXIT Bump, AFTER TOUCHING YOUR EXIT Bounce.



**SEPARATE**

**AVOID CROSS-CONTAMINATION**  
 AVOID CROSS-CONTAMINATION BY SEPARATING RAW MEAT FROM OTHER FOODS. USE SEPARATE CUTTING BOARDS AND UTENSILS FOR RAW MEAT, Poultry, Seafood, and Ground Meat.



**COOK**

**COOK TO THE RIGHT TEMPERATURE**  
 COOK TO THE RIGHT TEMPERATURE TO KILL BACTERIA. USE A MEAT THERMOMETER TO CHECK THE INTERNAL TEMPERATURE OF MEAT.



**CHILL**

**REFRIGERATE FOOD PROMPTLY**  
 REFRIGERATE FOOD PROMPTLY TO PREVENT BACTERIAL GROWTH. REFRIGERATE PERISHABLES WITHIN 2 HOURS OF COOKING OR BUYING.



**SHOPPING**

**HAVE A PLAN**  
 HAVE A PLAN FOR HOW TO USE YOUR FOOD. BUY ONLY WHAT YOU NEED AND STORE IT PROPERLY.



**SAVING**

**GET CREATIVE**  
 GET CREATIVE WITH YOUR LEFTOVERS. USE LEFTOVERS IN NEW RECIPES OR AS INGREDIENTS FOR OTHER DISHES.

**STORAGE**

**KNOW WHAT YOU HAVE ON HAND**  
 KNOW WHAT YOU HAVE ON HAND TO PREVENT FOOD WASTE. CHECK EXPIRATION DATES AND USE-OR-BUY-DATE DATES.

**COMPOSTING**

**COMPOST**  
 COMPOST YOUR FOOD WASTE TO ENRICH YOUR SOIL. COMPOST CAN BE USED IN YOUR GARDEN OR PLANTED IN A COMPOST BIN.



**PREPARATION**

**PREPARE PERSHABLES**  
 PREPARE PERSHABLES TO PREVENT FOOD WASTE. WASH PRODUCE THOROUGHLY AND STORE IT PROPERLY.

HHS Building, May 2022

# END FOOD WASTE!

**FOOD WASTE**  
 HOW TO RECYCLE FOOD WASTE  
 1. Place all food waste in the green bin.  
 2. Do not include any liquids or oils.  
 3. Do not include any meat, dairy, or bones.  
 4. Do not include any Styrofoam or plastic.  
 5. Do not include any household appliances.  
 6. Do not include any tires or auto parts.  
 7. Do not include any large appliances.  
 8. Do not include any hazardous materials.  
 9. Do not include any flammable liquids.  
 10. Do not include any aerosols.  
 11. Do not include any paints.  
 12. Do not include any solvents.  
 13. Do not include any acids.  
 14. Do not include any bases.  
 15. Do not include any other hazardous materials.

**BENEFITS OF PREVENTING FOOD WASTE**  
 SAVE MONEY BY BUYING ONLY WHAT YOU NEED  
 REDUCE YOUR ENVIRONMENTAL IMPACT  
 REDUCE GREENHOUSE GAS EMISSIONS



**OVER 40% OF FOOD IN THE UNITED STATES ENDS UP IN THE TRASH**

**5 STEPS TO END FOOD WASTE**  
 SHOPPING  
 PREPARATION  
 STORAGE  
 SAVING  
 COMPOSTING

**SHOPPING**

**HAVE A PLAN**  
 Before you go to the store, make a list of what you need to buy. This will help you avoid buying too much food that you won't eat. It will also help you buy only what you need, so you won't have to throw away any food.



**PREPARATION**

**PREPARE PERSHABLES**  
 Wash, peel, and cut up fruits and vegetables before you store them. This will help them last longer in the refrigerator. It will also help you avoid buying too much food that you won't eat.



**STORAGE**

**KNOW WHAT YOU HAVE ON HAND**  
 Check your refrigerator and freezer regularly to see what you have on hand. This will help you avoid buying too much food that you won't eat. It will also help you use up any food that is about to expire.



**SAVING**

**GET CREATIVE**  
 Use leftover ingredients to make new recipes. This will help you avoid buying too much food that you won't eat. It will also help you use up any food that is about to expire.



**COMPOSTING**

**COMPOST**  
 Composting is a natural process that turns food waste into a nutrient-rich soil amendment. This will help you avoid buying too much food that you won't eat. It will also help you use up any food that is about to expire.







REFERRED TO: HEALTH & HUMAN SERVICES COMMITTEE

RESOLUTION NO. -22 AWARD BID FOR TRANSPORTATION SERVICES TO  
EARLY INTERVENTION AND PRESCHOOL SPECIAL  
EDUCATION CHILDREN'S PROGRAM  
PUBLIC HEALTH

WHEREAS: Bids have been received for the Provision of Transportation Services to Early Intervention and Pre-School Special Education Children; and

WHEREAS: The bids (pricing based on a one-way trip) were received and opened on May 19, 2022, and the bid results were as follows:

Serafini Transportation Corp. Zone 1 - \$105; Zone 2 - \$118

and

WHEREAS: Funds have been included in the Public Health Department budget for this service; and

WHEREAS: Serafini Transportation Corp. has been determined to be the responsible bidder proposing the lowest unit price per child based on a one-way transportation cost, and whose proposal complies with all provisions to render it formal and legal and whose proposal is considered to be in the best interest of Tioga County; and

WHEREAS: The Director of Public Health is in agreement with this determination in the provision of transportation of Tioga County's most vulnerable young citizens; therefore be it

RESOLVED: That the Tioga County Legislature authorize the Department of Public Health to enter into a contract with Serafini Transportation Corp. for the Provision of Transportation Services to Early Intervention and Preschool Special Education Children based on stated stipulated cost of \$105 for Zone 1 and \$118 for Zone 2 per one-way trip for the period of July 1, 2022 through June 30, 2025.

REFERRED TO: HEALTH & HUMAN SERVICES COMMITTEE  
FINANCE COMMITTEE

RESOLUTION NO. -22 AMEND BUDGET & APPROPRIATE FUNDS  
PUBLIC HEALTH

WHEREAS: Tioga County Public Health has been awarded additional funding from the New York State Department of Health (NYSDOH); and

WHEREAS: The award is for successful participation in the NYSDOH Local Health Department Performance Incentive Program; and

WHEREAS: The funding is designated for Public Health program related expenses; and

WHEREAS: Amending of Budget and Appropriation of Funds requires Legislative approval; therefore be it

RESOLVED: That funding be appropriated as follows:

From: A4011 434010	Public Health: State Aid	\$22,000
To: A4011 540010	Public Health: Advertising	\$15,000
A4011 540640	Public Health: Supplies	\$ 7,000

REFERRED TO:

HEALTH & HUMAN SERVICES COMMITTEE  
FINANCE COMMITTEE

RESOLUTION NO. -22

AMEND BUDGET & APPROPRIATE FUNDS  
PUBLIC HEALTH

WHEREAS: Tioga County Public Health received two funding awards from Delta Dental; and

WHEREAS: The awards are specifically for Tioga County Mobile Dental Services; and

WHEREAS: The funding was received previously, and is in a deferred revenue account; and

WHEREAS: Amending of Budget and Appropriation of Funds requires Legislative approval; therefore be it

RESOLVED: That funding be appropriated as follows:

From: A 269100-DR004 Public Health Deferred Revenue \$25,000

To: A4064 540595 Dental: Services Rendered \$25,000

**COUNTY OF TIOGA  
EXECUTIVE PROCLAMATION**

WHEREAS: Skin cancer is the most common cancer in the United States and worldwide, affecting 1 in 5 Americans by the age of 70.

WHEREAS: Melanoma, the third most common form of skin cancer and the most deadly, is estimated to kill approximately 7,650 individuals in 2022.

WHEREAS: According to the New York State Cancer Registry, Tioga County averages about 20 cases of melanoma annually.

WHEREAS: If caught early, melanoma has a 5-year survival rate of 99%; and

WHEREAS: Routine skin cancer screenings and self-examinations for abnormal moles and spots can help catch melanomas early on; and

WHEREAS: Rates of melanoma and other skin cancers can be further reduced through routine sun safety practices including: applying sunscreen with a minimum of SPF 15, seeking shaded areas, dressing in long sleeved clothing, wearing sun glasses and wide-brimmed hats, and limiting time outdoors between the hours of 10am and 4pm when the sun's UV rays are strongest; and

WHEREAS: Tioga County Public Health in partnership with the Cancer Prevention in Action grant funded by New York State, emphasize the importance of sun safety through education and outreach to local daycares, outdoor recreation facilities, outdoor worksites, and the community in general.

THE TIOGA COUNTY LEGISLATURE does hereby proclaim the month of June 2022 as

**SKIN CANCER AWARENESS MONTH**

and urges all residents to practice sun safety year round and seek medical advice for any abnormal moles or spots.

Dated: June 14, 2022

\_\_\_\_\_  
MARTHA SAUERBREY, CHAIR  
TIOGA COUNTY LEGISLATURE